



Project DigiWELL

Welcome to the third volume of the DigiWELL newsletter! We're proud to continue our mission of empowering adults with essential skills for digital wellbeing and security, helping individuals strengthen their digital resilience. By creating accessible and practical tools, we ensure that everyone can confidently navigate today's complex digital world.

Our project remains committed to building a foundation of digital resilience through engaging workshops, collaborative transnational meetings, and a wealth of interactive learning experiences. In this newsletter, we are excited to share the milestones we've achieved and highlight the success of our training initiatives.

We marked a critical phase of the project, focusing on the completion and rollout of the Digital Resilience Building Training Program. This comprehensive training package, now available in eight languages, equips adult learners and educators with the knowledge and skills to enhance their digital wellbeing and security. The materials will be made accessible through our innovative Open Educational Resources (OER) platform, ensuring broad access across Europe and beyond.

So far, over 140 educators and 50 adult organizations have been trained, impacting more than 1000 individuals. These training sessions have provided participants with practical tools to foster safer online habits, improve digital literacy, and promote responsible digital citizenship.

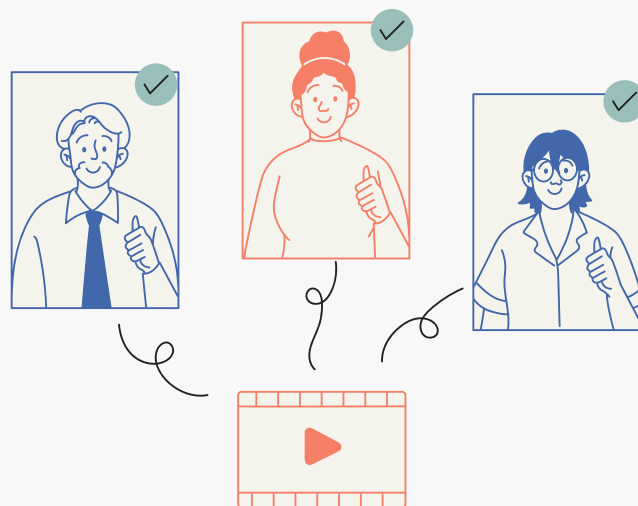
We wrapped up the Virtual Transnational Project Meeting, which took place on March 1, 2024. This collaborative virtual event brought together project partners to review the progress of Work Package 3, exchange best practices, and discuss strategies for maximizing the impact of the training program. The workshop was a resounding success, reinforcing our shared commitment to empowering adult learners and educators alike.

Looking ahead, we're excited to reflect on the outcomes of the Learning, Teaching, and Training (LTT) Event held in Germany in May 2024. This event provided hands-on opportunities for participants to engage with the newly developed materials, offering practical guidance on how to integrate these resources into their training environments. It also served as an important networking platform for sharing knowledge and building cross-border partnerships.

Digital Resilience Building Training Program & Training Materials

We are proud to announce the successful completion and launch of the Digital Resilience Building Training Program (TP) and Training Materials (TM). These resources are designed to enhance digital wellbeing and security for adults across Europe and are now available in 8 languages. This multilingual approach ensures broad accessibility, allowing individuals and organizations from diverse backgrounds to benefit from our comprehensive training.

The translated language mutations include English, Slovak, German, Czech, Turkish, Spanish, Greek, and Macedonian. The training program and materials will be accessible through our Open Educational Resources (OER) platform, offering a range of interactive resources.

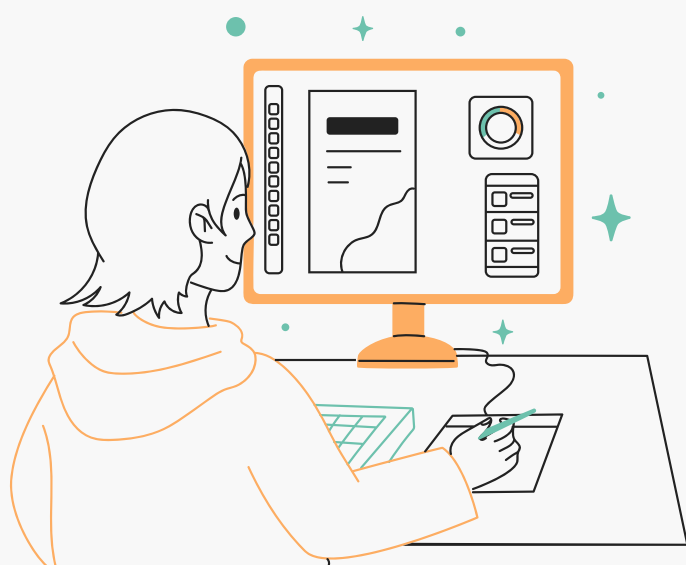


Achievements in Work Package 3

Work Package 3 focused on the development of a blended learning methodology, combining both digital and face-to-face learning experiences. The successful delivery of this work package involved several key milestones:

Key Milestones Achieved:

- **Completion of Training Modules:** We developed and finalized three core modules: Digital Wellbeing, Digital Security, and Building Digital Resilience. These modules provide a thorough and practical approach to digital resilience.
- **Expert Review and Finalization:** The training materials underwent a rigorous expert review, ensuring their quality and relevance. Feedback from digital education professionals was integrated, resulting in a robust and effective training program.
- **Train-the-Trainer Event:** The Transnational Learning, Teaching, and Training (LTT) event in Germany was a key highlight, training 14 trainers from various countries. These trainers are now equipped to deliver the training program effectively and lead Adult Work Sessions (ADWSs) in their respective countries.



Adult Work Sessions

Following the successful LTT event, 7 Adult Work Sessions took place across Czech Republic, Slovakia, Germany, Turkey, Spain, Greece, and North Macedonia. These sessions focused on hands-on training in digital resilience, equipping adult participants with essential skills in digital wellbeing and online security.

Each session was led by trainers who had participated in the LTT event, ensuring consistent delivery of high-quality content. The trainers tailored the material to the specific needs of each country. The events were held on:

- 23.05.2024 Germany
- 23.05.2024 Turkey
- 27.05.2024 Spain
- 28.05.2024 Slovakia
- 29.05.2024 North Macedonia
- 30.05.2024 Greece
- 13.06.2024 Czech Republic



Interactive learning methods like cybersecurity simulations, role-playing scenarios, and practical workshops were used to engage attendees and provide real-world solutions to digital challenges. Participants were encouraged to apply what they learned immediately, fostering a practical, solution-oriented mindset.

The sessions were highly appreciated, with positive feedback highlighting the engaging format and the relevance of the topics covered. More than 100 adult learners participated, many of whom expressed newfound confidence in managing their digital presence and security. Several attendees noted that they planned to share what they had learned with friends, family, and colleagues, amplifying the impact of the DigiWELL project.

The sessions have not only strengthened the digital skills of the participants but have also helped foster a broader understanding of digital wellbeing, creating ripple effects in communities across the participating countries.



Impact and Next Steps for DigiWELL

We are proud to report that the Digital Resilience Building Training Program and Materials are now accessible to over 50 adult education organizations and have already been introduced to 140 trainers across 7 countries.

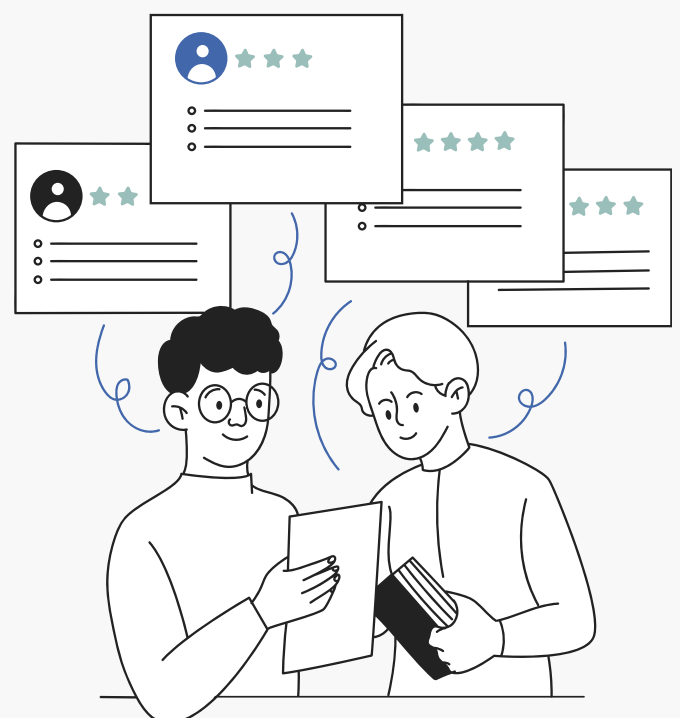
Additionally, the resources are expected to benefit 1,000 adults directly through our work sessions, with many more indirectly impacted as trainers carry this knowledge forward into their communities.

To date, the response from participants has been overwhelmingly positive. Trainers have reported high levels of engagement and satisfaction with the materials, and the Open Educational Resources platform we hope we'll see a steady increase in users and users.



As we continue to roll out the Digital Resilience Building Training Program, we remain committed to our goal of making digital wellbeing and security accessible to all adults. The training materials will be continuously updated and refined based on feedback from participants and trainers, ensuring they remain relevant in the face of rapidly evolving digital challenges.

Stay tuned for more updates in future editions of the DigiWELL newsletter as we continue to empower adults to unlock their digital superpowers and build a foundation of resilience in the digital world.



Thank you

Join us on social media and be part of the DigiWELL project! Discover how we're fostering digital competencies through collaboration, innovative strategies, and digital resilience.

Stay updated with exciting updates, valuable resources, and inspiring stories.

Together, let's thrive in the digital world.

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